

## Measure of Victim Empowerment Related to Safety (MOVERS) Scale

MOVERS is a 13-item scale that measures survivor empowerment within the domain of safety. It is available in English and Spanish and demonstrates a strong factor structure and high reliability and validity in IPV survivors seeking services.

MOVERS is composed of three subscales that assess distinct domains of safety related empowerment: Internal Tools assesses the extent to which a survivor has developed a set of safety-related goals and a belief in her ability to accomplish them (items 1,3,5,7,9,11; alpha = .88). Expectation of Support assesses the degree to which a survivor perceives that she has the support she needs to move towards safety (4,8,12,13; alpha = .74); and Trade-offs assesses the extent to which the survivor feels that her efforts to achieve safety will trigger new problems (2,6,10; alpha = .82). Participants respond to each item using a five-point Likert scale (from “never true” to “always true”). Scores on each subscale are summed and averaged to produce subscale scores.

### REFERENCE

Goodman, L.A., Bennett Cattaneo, L.B., Thomas, K., Woulfe, J., Chong, S.K., & Smyth, K.F. (2014). Advancing domestic violence program evaluation: Development and validation of the Measure of Victim Empowerment Related to Safety (MOVERS). *Psychology of Violence*. . Advance online publication. November 10, 2014  
<http://dx.doi.org/10.1037/a0038318>.

NOTE: See next two pages for English and Spanish versions of MOVERS

For a fuller discussion of MOVERS, see [dvevidenceproject.org/wp-content/uploads/MOVERS\\_v6-Goodman-20153.pdf](http://dvevidenceproject.org/wp-content/uploads/MOVERS_v6-Goodman-20153.pdf)

## YOUR SAFETY

You may be facing a variety of different challenges to safety. When we use the word *safety* in the next set of questions, we mean safety from physical or emotional abuse by another person.

*Please circle the number that best describes how you think about your and your family's safety right now. When you are responding to these questions, it is fine to think about your family's safety along with your own if that is what you usually do.*

	Never True	Sometimes True	Half the Time True	Mostly True	Always True
1. I can cope with whatever challenges come at me as I work to keep safe.	1	2	3	4	5
2. I have to give up too much to keep safe.	1	2	3	4	5
3. I know what to do in response to threats to my safety.	1	2	3	4	5
4. I have a good idea about what kinds of support for safety that I can get from people in my community (friends, family, neighbors, people in my faith community, etc.).	1	2	3	4	5
5. I know what my next steps are on the path to keeping safe.	1	2	3	4	5
6. Working to keep safe creates (or will create) new problems for me.	1	2	3	4	5
7. When something doesn't work to keep safe, I can try something else.	1	2	3	4	5
8. I feel comfortable asking for help to keep safe.	1	2	3	4	5
9. When I think about keeping safe, I have a clear sense of my goals for the next few years	1	2	3	4	5
10. Working to keep safe creates (or will create) new problems for people I care about	1	2	3	4	5
11. I feel confident in the decisions I make to keep safe	1	2	3	4	5
12. I have a good idea about what kinds of support for safety I can get from community programs and services	1	2	3	4	5
13. Community programs and services provide support I need to keep safe.	1	2	3	4	5

Note: Measure of Victim Empowerment in the Domain of Safety (MOVERS)

© Lisa Goodman, 2014. All rights reserved. No part of this measure may be reproduced or distributed without the prior written permission of the first author (lisa.goodman@bc.edu)

## SU SEGURIDAD

	No es verdad	A veces es verdad	La mitad del tiempo es verdad	Casi siempre es verdad	Siempre es verdad
1. Puedo enfrentarme a cualquier reto para mantener mi seguridad.	1	2	3	4	5
2. Tengo que renunciar demasiadas cosas para mantener mi seguridad.	1	2	3	4	5
3. Yo sé como responder a amenazas a mi seguridad.	1	2	3	4	5
4. Yo sé que tipos de apoyo con respeto a seguridad puedo obtener en mi comunidad (amigos, familia, vecinos, gente de mi espiritual)	1	2	3	4	5
5. Yo sé cuales son los siguientes pasos para mantenerme seguro/a.	1	2	3	4	5
6. Mis intentos para mantener mi seguridad crean o van a crear nuevos problemas para mí.	1	2	3	4	5
7. Cuando algo no está funcionando para mantener mi seguridad, yo puedo intentar algo diferente.	1	2	3	4	5
8. Me siento cómodo/a pidiendo ayuda para mantener mi seguridad.	1	2	3	4	5
9. Cuando pienso en mi seguridad, tengo claras mis metas para el futuro.	1	2	3	4	5
10. Mis intentos para mantener mi seguridad crean o van a crear nuevos problemas para la gente que yo quiero.	1	2	3	4	5
11. Me siento seguro de las decisiones que hago para mantener mi seguridad.	1	2	3	4	5
12. Tengo una buena idea de qué tipo de apoyo puedo conseguir de las programas comunitarios para mantener mi seguridad.	1	2	3	4	5
13. Hay programas en mi comunidad y servicios sociales que pueden proveer el apoyo y los recursos que yo necesito para mantener mi seguridad.	1	2	3	4	5

Measure of Victim Empowerment in the Domain of Safety (MOVERS)

© Lisa Goodman, 2014. Esta medida puede ser reproducida intacta y sin alteraciones y sin gastos para el uso como una evaluación o herramienta de investigación (lisa.goodman@bc.edu).