

Safety Planning – Items To Take When Leaving

Items to Take With Me When Leaving:

When you leave your partner, it is important to take certain items with you. Beyond this, you may sometimes give an extra copy of papers and an extra set of clothing to a friend, just in case you have to leave quickly. Items with asterisks on the following list are the most important to take, but are not in order of priority. If there is time, the other items might be taken or stored outside the home. Items to take when leaving should be placed earlier in one location so they can be grabbed quickly if you have to leave quickly. Items to take:

- My identification (birth certificate, driver's license, passport, etc.)
- Children's birth certificates
- Social Insurance Cards
- My health card
- My children's health cards
- School and vaccination records
- Money, Credit Cards, Cheque book, ATM card
- Keys-house, car, office
- Medications/prescriptions
- Custody Orders
- Welfare/Family's Allowance identification
- Work permits
- Lease/Rental agreements, property
- Mortgage payment documents
- Photographs
- Jewelry
- Small Salable objects
- Immigration papers
- Passports
- Divorce documentation
- Medical records for all family members
- Insurance papers
- Address book
- Children's favorite toys and or blankets
- Items of special sentimental value
- Vehicle ownership documents
- Aboriginal person status card/documentation
- Employment /Pension documentation