

Curricula and manuals:

- We have curricula for all employment programs including low literacy
- Cross Cultural Parenting Program with also manuals available: regular, teen, grandparenting, translated in 11 languages
- Gender Violence curriculum
- Civic Engagement manuals for adult and youth respectively
- HIPPY follows the curriculum
- Breast Health manual
- Diversity manuals
- Lesson plans for:
 - Civic Engagement Train-the-Trainer
 - Girls Culture Club
 - New Friends and Neighborhood Groups
 - Self-esteem groups and Grandma's Kitchen for seniors
 - Project Footprint
 - Youth summer camp
 - Youth Mentorship Program

Topics covered in the men's support group:

- Stress and immigration correlation
- Family of origin and learned behaviors
- Anger and stress management
- Domestic violence
- Healthy relationships
- Communication and active listening
- Conflict resolution
- Accountability
- Self-care
- Emotional wellbeing